

## Chalmers Summer Schedule

117 Main St. Spencer 2nd floor 885-0308 [www.steveshirleychalmers.com](http://www.steveshirleychalmers.com)

	Mon	Tues	Wed	Thurs	Sat
10:00					Karate All Ages
5:00			Tai Chi Barre Senior Center		
5:30		Kids Karate		Kids Karate	
5:45	Yoga				
7:00	Adult Karate				

Monthly Dues, Come to all classes offered: Adult Karate \$95 (2 hour classes) Kid Karate \$85 (1 1/2 hour classes) \$70 one hour classes -Yoga Classes \$10 per class, Tai Chi \$5:00 per class  
 Vacations: June 28<sup>th</sup> - July 5<sup>th</sup>, August 2<sup>nd</sup> -August 7<sup>th</sup>, Sept 4<sup>th</sup> - Sept 7<sup>th</sup>

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